

UBERCARE ACADEMY

Hair Colour Mastery – 6-Day Intensive Course

Course Overview

This 6-day course is crafted for aspiring hairstylists and professionals aiming to specialize in **advanced hair colour techniques**. Covering theory, practical training, and live models, this program ensures a hands-on, job-ready experience under the guidance of industry experts.

Day 1: Foundations of Hair Colour

Theory:

- Hair anatomy & structure
- Types of melanin and how they affect colour
- Levels, tones & the colour wheel
- Developer volumes and their uses
- Patch tests & strand tests
- Client consultation skills

Practical:

- Identifying natural level and tone
 - Patch test and strand test practice
 - Product knowledge (brands, developer types)
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Day 2: Global Hair Colour & Root Touch-Ups

Theory:

- Choosing the right shade for skin tone and hair type
- Application zones (roots, mid-lengths, ends)
- Grey coverage strategies
- Mixing ratios and timing

Practical:

- Global colour demo and practice on mannequins
 - Root touch-up techniques
 - Mixing and application exercises
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Day 3: Fashion Colours & Colour Correction

Theory:

- Understanding undertones & pre-lightening
- Direct dyes vs oxidative colours
- Common colour correction challenges
- Neutralization & toning

Practical:

- Application of pastel and bold fashion tones
 - Colour correction: removing green/orange tones
 - Use of purple/blue shampoos
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Day 4: Highlights, Lowlights & Balayage

Theory:

- Foiling techniques & sectioning patterns
- Differences between highlights, lowlights, balayage & babylights
- Backcombing, feathering, and freehand painting

Practical:

- Classic foil highlights
 - Balayage technique on mannequin
 - Root melt & smudge blending
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Day 5: Blonde Mastery & Creative Colour Placement

Theory:

- Pre-lightening safely to platinum/blonde

- Avoiding over-processing & banding
- Creative placement: contouring, face-framing, money piece

Practical:

- Platinum blonde on pre-lightened hair
 - Face-framing highlight application
 - Use of toners to neutralize brassiness
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Day 6: Client Makeover & Portfolio Building

Theory:

- Final consultation & makeover planning
- Aftercare & maintenance advice
- How to price your services

Practical:

- Final model makeover (student works on live model)
- Photoshoot of before & after for student portfolio
- One-on-one trainer feedback & assessment
- Certificate distribution